

De Beauvoir Primary School

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Head of School: Daniela Rader

Headteacher: Rebecca Mackenzie (currently on secondment)



Friday 7th January 2022

Dear Parents and Carers,

We are being visited by the NHS Dental team on Wednesday 26th January in the afternoon to offer Fluoride Varnish application for children in Reception and Year 1.

What is the school fluoride varnish programme?

This programme aims to help prevent tooth decay in young children. Tooth decay is still very common in children and it can cause pain, stop children from eating, speaking, sleeping and also learning properly at school. The Department of Health (please see the 'delivering better oral health' document on the government website) recommends that fluoride varnish is applied at least twice a year to protect teeth.

What is fluoride varnish?

Fluoride varnish is a pleasant-tasting sticky protective coating which is easily painted on teeth. The golden coating releases fluoride which strengthens teeth, helps prevent tooth decay and can also stop decay in its early stages. The coating disappears by the next day.

What happens after the coating is applied?

The school will ensure that your child has nothing to eat or drink for 30 minutes after the coating is applied. Your child's teeth may be a light yellow colour for the rest of the day - this is nothing to worry about as they will soon return to their normal colour. Please **do not brush** your child's teeth on the evening they have the coating applied.

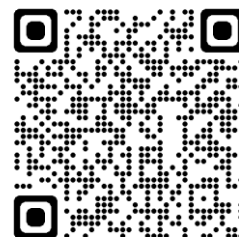
Additional Information

- Please ensure your child has breakfast on the day of the varnish application.
- The fluoride coating contains ethanol - a form of alcohol - and has been approved for medicinal use by the Islamic Shari'ah Council (your school has a copy of this approval) and by Rabbi Adler.
- After a quick look, we will let you know if we notice any problems in your child's mouth. However, **this is not a dental check-up** – your child still needs to have regular check-ups by a dentist outside school (see [nhs.uk/service-search/find-a-dentist](https://www.nhs.uk/service-search/find-a-dentist) for a local dentist).
- Please note the fluoride varnish is vegetarian and not vegan.

We are asking parents to complete the online consent and are asking for the forms to be completed and submitted by **Wednesday 12th January**

Scan the QR Code with your smart phone or visit the website below.

<https://www.kentcht.nhs.uk/forms/dental-school-fluoride-varnish-programme-form/>



The form is electronic and will require all mandatory fields to be completed and then signed using your finger or mouse depending which device you use.

Thank you,

Daniela Rader
Head of School