

# [WEEKLY MENU] Week 1

Weeks Commencing: Mon 5th Sept - Mon 26th Sept - Mon 17th Oct - Mon 14th Nov - Mon 5th Dec

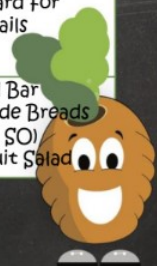


	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Dish of the Day</b>	Chicken Goujons with BBQ Sauce (G, SO)	Pepperoni Pizza (G, MK)	Roast Turkey, Stuffing & Roast Gravy (G)	Jerk Chicken Burrito (CE, G, MU)	Breaded Baked Fish with Tomato Ketchup (F, G)
<b>Vegetarian Dish of the Day</b>	Roasted Root Vegetable Pasta Bake (CE, G, MK)	Veggie Supreme Pizza (G, MK)	Vegetable & Chickpea Loaf (CE, G, SO)	Vegetable & Bean Chilli Burrito (CE, G, MU)	Vegetable Calzone (G, MK)
<b>Vegetable Choice</b>	Herby Diced Potatoes Sweetcorn Peas	Seasoned Wedges Baked Beans Salad	Baby Roast Potatoes Medley of Seasonal Vegetables	Golden Vegetable Rice (CE) Carrots Broccoli	Chips Baked Beans Peas
<b>Dessert of the Day</b>	Apple Flapjack (G)	Chocolate & Orange Sponge with Chocolate Custard (E, G, MK, SO)	American Waffle with Caramel Sauce (E, G, MK, SO)	Lemon Drizzle Cake with Lemon Sauce (E, G, MK, SU)	Winter Berry Cheesecake (E*, G, MK, SO*)
<b>Jacket Potato Bar</b>	See Board for Details	See Board for Details	See Board for Details	See Board for Details	See Board for Details
<b>Cold Selection</b>	Salad Bar Homemade Breads (G, SO) Fresh Fruit Salad	Salad Bar Homemade Breads (G, SO) Fresh Fruit Salad	Salad Bar Homemade Breads (G, SO) Fresh Fruit Salad	Salad Bar Homemade Breads (G, SO) Fresh Fruit Salad	Salad Bar Homemade Breads (G, SO) Fresh Fruit Salad

Allergens:

CE = Celery, CR = Crustacean, E = Eggs, F = Fish, G = Cereals Containing Gluten, L = Lupin, MK = Milk, MO = Molluscs, MU = Mustard, N = Nuts, P = Peanuts, SO = Soya, SU = Sulphur, SE = Sesame Seeds \* = May Contain

De Beauvoir



# [WEEKLY MENU] Week 2

Weeks Commencing: Mon 12th Sept - Mon 3rd Oct - Mon 31st Oct - Mon 21st Nov - Mon 12th Dec

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Dish of the Day</b>	Butter Chicken Curry (CE, G*)	Butcher's Choice Sausages (Beef) (CE, G, MK, SO, SU)	Roasted Garlic & Thyme Chicken	Spaghetti Bolognese	Fish Fingers with Lemon Mayo (E, F, G)
<b>Vegetarian Dish of the Day</b>	Vegetable & Quorn Korma (CE, E, G*)	Vegetable Sausages (CE, G)	Roasted Vegetable Wellington (CE, G)	Veggie Bolognese (CE)	Tomato & Basil Penne Pasta (CE, G)
<b>Vegetable Choice</b>	Steamed Rice Pot Roasted Cauliflower Green Beans	Mashed Potatoes (MK) Peas Carrots	Baby Roast Potatoes Medley of Seasonal Vegetables	Spaghetti (G) Carrots Cabbage	Chips Baked Beans Peas
<b>Dessert of the Day</b>	Banana Sponge with Custard (E, G, MK)	White Chocolate Cookie (E, G, MK, SO)	Fruit Jelly & Whipped Cream (MK)	Iced Vanilla Sponge (E, G)	Belgian Waffles with Chocolate Sauce (E, G, MK, SO)
<b>Jacket Potato Bar</b>	See Board for Details	See Board for Details	See Board for Details	See Board for Details	See Board for Details
<b>Cold Selection</b>	Salad Bar Homemade Breads (G, SO) Fresh Fruit Salad	Salad Bar Homemade Breads (G, SO) Fresh Fruit Salad	Salad Bar Homemade Breads (G, SO) Fresh Fruit Salad	Salad Bar Homemade Breads (G, SO) Fresh Fruit Salad	Salad Bar Homemade Breads (G, SO) Fresh Fruit Salad



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# [WEEKLY MENU] Week 3

Weeks Commencing: Mon 19th Sept - Mon 10th Oct - Mon 7th Nov - Mon 28th Nov



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Dish of the Day</b>	African Beef Stew (G, SO, SU)	Chicken Burger (G, SE*)	Roast Beef, Yorkshire Pudding & Roast Gravy (E, G, MK)	Chinese Chicken Noodles (CE, E, G, MU*, SO)	Battered Baked Fish & Tomato Ketchup (F, G)
<b>Vegetarian Dish of the Day</b>	African Vegetable Stew (CE, G*)	Vegetable Burger in a Bun (G, SE*)	Lentil & Spinach Strudel with Tomato Sauce (CE, G)	Hoi Sin Vegetable Noodles (CE, E, G, MU*, SO)	Slow Roasted Tomato & Cheese Pasta (CE, G, MK)
<b>Vegetable Choice</b>	Jollof Rice (CE) Roasted Vegetable Medley	Homemade Wedges Sweetcorn Baked Beans	Baby Roast Potatoes Savoy Cabbage Cauliflower	Steamed Rice Sweetcorn Broccoli	Chips Baked Beans Peas
<b>Dessert of the Day</b>	Chocolate & Beetroot Brownie (E, G, MK, SO)	Cherry Tray Bake with Whipped Cream (E, G, MK)	Winter Fruit Crumble & Custard (G, MK)	Jam & Coconut Sponge (E, G, MK, SU)	Strawberry Mousse with Choc Chip Cookie (E, G, MK, SO)
<b>Jacket Potato Bar</b>	See Board for Details	See Board for Details	See Board for Details	See Board for Details	See Board for Details
<b>Cold Selection</b>	Salad Bar Homemade Breads (G, SO) Fresh Fruit Salad	Salad Bar Homemade Breads (G, SO) Fresh Fruit Salad	Salad Bar Homemade Breads (G, SO) Fresh Fruit Salad	Salad Bar Homemade Breads (G, SO) Fresh Fruit Salad	Salad Bar Homemade Breads (G, SO) Fresh Fruit Salad

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